

31st Annual Norwalk River FUN RUN

Sponsored by: Physical Education Department of the Norwalk Public Schools, Recreation and Parks

December 3, 2022 at 10:00a.m.

The Physical Education Department of the Norwalk Public Schools and Recreation and Parks are joining together to organize a Fitness Fun Run for the young people of Norwalk to promote the idea of physical fitness and the joy of running.

WHO CAN PARTICIPATE: All students in grades K-12 are welcome to run. Parents may jog with young runners if they wish.

| 10:00 a.m. (Rain Date: Sunday December 4, 2022 at 10:00 a.m.) Seaview Avenue (Vets Park) Dasketball courts. Dasketball courts. Dasketball courts. Dasketball courts. | Run Features: | |
|--|--|--|
| 10:00 a.m. (Rain Date: Sunday December 4, 2022 at 10:00 a.m.) Seaview Avenue (Vets Park) Start Line: Seaview Avenue (Vet's Park) at the Start Line: Seaview Avenue (Vet's Park) at the | 1.2 mile walk and run, | |
| Saturday December 3, 2022 | - | (Rain Date: Sunday December 4, 2022 at 10:00 a.m.) Seaview Avenue (Vets Park) Start Line: Seaview Avenue (Vet's Park) at the |

REGISTRATION FEE: The **\$10.00** registration fee helps to cover the expenses of the run. Make checks payable to the "NPS ATHLETIC DEPARTMENT"

Any checks returned for insufficient funds will be charged an additional \$25.00

HOW TO SIGN UP: You can both sign up and pay for the race at myschoolbucks.com or return this form to your child's Physical Education teacher or to Beth Pearce at Brien McMahon High School, 300 Highland Avenue, Norwalk, CT 06854

Contact Joe Madaffari, Race Director with questions at 203-981-3005.

CLOSING DATE: Monday, November 24, 2022

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| | FUN RUN REGISTRATION FORM | Saturday, | December 3, | 2022 |

Registration Fee \$10.00 per person

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| Ν | lame: _ | | | School: | Grade: | |
|---|---------|--------------|---------------|-----------------------|------------------------|--|
| | | | T-Shirt size: | Please check one (shi | rts tend to run small) | |
| | | Youth Medium | | | Adult Medium | |
| | | Youth Large | | | Adult Large | |
| | | Adult Small | | | Adult X-Large | |
| | | | | | Adult XX-Large | |

My Son/Daughter has my permission to participate in the Norwalk River Fun Run. I attest that he/she is in good health and I accept all responsibilities for his/her participation.

Parent/Guardian Signature _____

Date: ___

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